



**TACKERS**  
**Canberra Yacht Club**  
**Sailing School**

**Tackers Learn to Sail Term 4 2011**

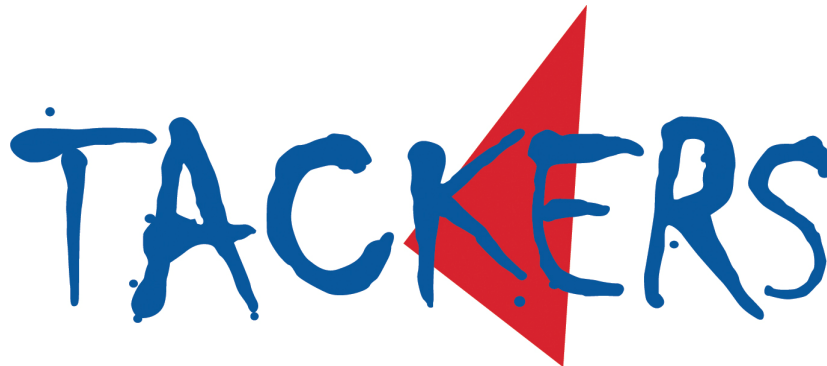
**COACHING PROGRAM**

GPO Box 7169 Yarralumla, ACT 2600

Phone 6273 4777 Fax 6273 6222

E-mail [instructor@canberrayachtclub.com.au](mailto:instructor@canberrayachtclub.com.au)

Web site [www.canberrayachtclub.com.au](http://www.canberrayachtclub.com.au)



### **Introduction:**

The Tackers Program is designed for school children aged between the ages of 6 to 9 as safe, fun games based learning course in specially designed Optimist Dinghies. All Canberra Yacht Club staff are qualified instructors through Yachting Australia. The Tackers levels move from Level 1 "Having Fun" and then progresses to Level 2 "Tricks and Techniques" in finally Level 3 "Sailing Fast". All these programs will be conducted over the term and Canberra Yacht Clubs' successful Holiday Programs.

The Canberra Yacht Club Sailing School operates a number of Junior Sailing Programs. The levels progress from a basic introduction to sailing, to an introduction to racing to finally a full racing program. The first four levels of this program are taught through the Youth Sailing Academy and the Tackers program, the final level is taught as part of either the Optimist Race Squad or the Junior Youth Race Squad.

**Tackers 1 - "Having fun":** Participants will learn the basics of sailing, boating safety, and confidence in the boat. The boats are sailed two-up, with sailing games replacing traditional theory.

**Tackers 2 - "Tricks and Techniques":** Participants will learn to sail single-handed, rig and launch independently as well as skills such as stopping, coming alongside and sailing backwards.

**Tackers 3 "Sailing Fast":** Focuses on sailing faster through boat and sail trim as well as racing skills and how wind shifts, tide and current affect the boat.

Each level of Tackers comprises:

- 20 hrs tuition with Yachting Australia qualified Instructors & Assistant Instructors
- On-water & off-water games & activities
- A Tackers kit: T-shirt, hat, drink bottle
- A certificate of achievement at the end of the course

Each level generally takes a season of practice before progressing to the next level.

**Cost \$330 per student or \$310 for Southern Cross Members and includes the use of club boats, PFD, tackers kit and end of course sausage sizzle.**

### **Supporters:**

The Canberra Yacht Club gratefully acknowledges the generous support provided to the Academy by the **Canberra Southern Cross Club** .



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Tackers Courses are conducted throughout the term on a Saturday afternoon, or as a week long program during the school holidays. Courses will not run on public holidays unless specified otherwise.

### 2011- 2012 Course Dates:

Course	Start - Finish Date	Days	Time
Tackers 1	5/11 - 10/12	Weekly on a Saturday	12pm - 2pm
Tackers 1	12/12 - 16/12	School holiday week	9am - 4pm
Tackers 1	19/12 - 23/12	School holiday week	9am - 4pm
Tackers 1	3/1 - 6/1	School holiday week	9am - 4pm
Tackers 1 + 2	9/1 - 13/1	School holiday week	9am - 4pm
Tackers 1 + 2	16/1 - 20/1	School holiday week	9am - 4pm
Tackers 1 + 2	23/1 - 25/1	School holiday week	9am - 4pm
Tackers 1 + 2	30/1 - 3/2	School holiday week	9am - 4pm
Tackers 2	11/2 - 14/4	Weekly on a Saturday	12pm - 2pm
Tackers 1 + 2	16/4 - 20/4	School holiday week	9am - 4pm
Tackers 1 + 2	23/4 - 27/4	School holiday week	9am - 4pm
	No course on ANZAC day Wednesday 25/4		

The above dates are subject to change, please contact the office for any queries.

### What to Bring:

- Swimmers;
- Shoes that can get wet;
- Clothes that can get wet & are suitable for the days' weather (wetsuit, shorts, jumpers etc.);
- Spray jacket;
- Towel;
- Dry clothes;
- Drink bottle with cold water, cordial etc.;
- Sunscreen;
- Hat;
- Plastic bag for wet clothes.



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**APPLICATION FORM**  
**Tackers Learn To Sail Program**

DETAILS OF TACKERS SAILING MEMBER(S)

**1st Family Member**

**T-Shirt size**                      **6**      **8**      **10**      **12**

**Course start date:**                      **Tackers 1**      **Tackers 2**      **Tackers 3**

Please indicate which Tackers program you want to book (please note to attend Tackers 2 you must have completed Tackers 1, to attend Tackers 3 you must have attended Tackers 2)

Surname ..... Given Names .....

Address .....

Suburb ..... State ..... Postcode .....

Parents email .....@.....

Phone H : (.....)..... Mobile : ..... Date of Birth (...../...../.....)

Emergency Contact Name:..... Relationship:.....

Phone : (.....).....

Any relevant condition which may affect ability to participate (e.g. medical/physical?) YES / NO

If YES, please give... details.....

**2<sup>nd</sup> Family Member**

**T-Shirt size**                      **6**      **8**      **10**      **12**

**Course start date:**                      **Tackers 1**      **Tackers 2**      **Tackers 3**

Surname ..... Given Names .....

YSA SAILING MEMBER'S email Address:.....@.....

Phone H : (.....)..... Mobile : ..... Date of Birth (...../...../.....)

Emergency Contact Phone : (.....)..... Relationship:.....

Any relevant condition which may affect ability to participate (e.g. medical/physical?) YES / NO

If YES, please give details.....

# PARENT/GUARDIAN'S DETAILS AND CONSENT FORM

Surname ..... Given Name.....

Relationship.....

Contact Numbers (H)..... (W) .....

(M).....

If not the person above, who should we contact in an Emergency?

Emergency Contact Name :.....

Contact Number : .....

I .....(PARENT) am aware that during the training course I have chosen for my child/ward (delete category not applicable) to participate in under the arrangements of the ACT SAILING INCORPORATED (trading as Canberra Yacht Club) certain hazards may occur associated with sailing and boat rigging generally. In consideration of the right to participate in such instruction or other activities associated with the course arranged by the ACT SAILING INCORPORATED their associates or agents I have and do hereby assume all the above risks and will hold ACT SAILING INCORPORATED their associates and agents free of any liability action, debt claims or demands which I now have or may arise as a result or in connection with the participation in this course of instruction. The terms hereof shall also serve as a release of the ACT SAILING INCORPORATED from risk and assumption of risk by my heir's executors or administrators for all members of my family including minors. Should any successful claim be brought for myself/son/daughter/defacto/spouse against the ACT SAILING INCORPORATED I agree to indemnify ACT SAILING INCORPORATED its associates and agents and will meet the total costs resultant from such action.

I also give my authority to use any images taken of my child during this program to be used for Canberra Yacht Club promotional purposes.

SIGNED.....Date...../...../.....

Name in block letters .....

Office Use	Paid \$	Receipt:	Date: